Beginning Swimming Chip Requirements

	Eager Beaver Names								
1. Know how to dog paddle.									
2. Know how to swim with your head underwater.									
3. Be able to jump in and swim to steps, ladder, or wall.									
4. Know two water safety rules. (Always have an adult with you, never run around the pool, never jump in on top of some-one, etc.)									
5. What would you do if someone was in trouble in the pool? Would you try to save them? Why would it be better to call a parent or adult to come and help?									
6. What is the emergency number of an ambu-lance?									

Notes: _____

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