

HELPING HAND RESOURCE LIST

NOTE: The resources listed here are only suggestions, not requirements. Not all resources will be available in your division. Select and substitute local resources as available.

BASIC TRACK

I. Pledge and Law

Be obedient

Bible stories and texts

Moses strikes the rock (Numbers 20:1-13)
Saul disobeys (1 Samuel 15)
Jonah (Jonah)
Ecclesiastes 12:13 ". . . keep his commandments ..."
Acts 5:29 "We ought to obey God ..."

Songs

Sing for Joy

"Teach Me Lord" No. 110
"Trust and Obey" No. 113
"A Happy Home" No. 136

Be pure

Bible stories and texts

Philippians 4:8 "...whatsoever things are pure ..."
Psalm 24:3, 4 "...he that hath a pure heart ..."
Matthew 5:8 "Blessed are the pure in heart ..."

Songs

Sing for Joy

"Dare to Be a Daniel" No. 116

Be true

Bible stories and texts

Jacob and Esau (Genesis 27)
Ananias lies (Acts 5:1-11)
Ephesians 4:25 "...speak every man truth ..."

Songs

Sing for Joy

"I would Be True" No. 117

Kids Sing Praise

"Truth" No. 35

Be kind

Bible stories and texts

Ephesians 4:32 ". . . be ye kind one to another ..."

Matthew 5:44 "... do good to them that hate you ..."

Romans 12:10 "Be kindly affectioned one to another ..."

Songs

Sing for Joy

"A Happy Home" No. 136

Be respectful

Bible stories and texts

David and Saul (1 Samuel 17-31)

Elisha and the bears (2 Kings 2:23-25)

Be attentive

Bible stories and texts

God calls Samuel (1 Samuel 3)

Ten virgins (Matthew 25:1-13)

Gethsemane (Matthew 26:36-46)

Be helpful

Bible stories and texts

Abraham and angels (Genesis 18)

Abigail (1 Samuel 25)

Good Samaritan (Luke 10:25-37)

Songs

Sing for Joy

"Cross Over the Road" No. 131

Be cheerful

Bible stories and texts

Israelites grumble (Exodus 12 and 13)
2 Corinthians 9:7 "... God loveth a cheerful giver."

Songs

Sing for Joy

"Smile" No. 107

Kids Sing Praise

"Grumblers" No. 47
"I'll Be a Sunbeam" No. 52

Be thoughtful

Bible stories and texts

Widow's mite (Mark 12:41-44)

Songs

Sing for Joy

"Love at Home" No. 137
"God Bless Families" No. 138

Be reverent

Bible stories and texts

Isaiah's Vision (Isaiah 6)
Moneychangers (John 2:13-16)

Songs

Sing for Joy

"God Is in This Place" No. 46
"I was Glad" No. 144
"This Is God's House" No. 145

MY GOD TRACK

I. His Plan to Save Me

Other Bible stories about living for God

Jacob (Genesis 25-50)
Moses (Exodus-Deuteronomy)
Miriam (Exodus 2:1-10; 15:20-22; Numbers 12, 21)
Joshua (Joshua [especially chapter 7])
Martha (Luke 10:38-42; John 11:1-46; 12:1-3)

Songs about the assigned stories

Sing for Joy— (Review and Herald)

- "Saints of God" No. 61
- "The Lord Hears Me" No. 105
- "Samuel" No. 112
- "Dare to Be a Daniel" No. 116

Kids Sing Praise — (Brentwood Publishing)

- "Little David" No. 2
- "Joshua Fit the Battle of Jericho" No. 8
- "Noah" No. 11
- "Only a Boy Named David" No. 18
- "Being Big" No. 54
- "Solomon" No. 66

Books and materials about the assigned stories

Adult

New Testament Maps and Charts (Standard)

Children

- Bunyan, John. *Pilgrim's Progress in Modern English* (Zondervan)
- Davis, Susan. *When God Lived in a Tent* (Review and Herald)
- Stump, Gladys Sims. *The Bible Tells Me About God's People From Slavery to Sinai*
_____ . *The Bible Tells Me about the Trip to the Promised Land*

II. His Message to Me

Other Bible texts about living for God

- Ecclesiastes 12:1 "Remember now thy Creator ..."
- Isaiah 55:6, 7 "Seek you the Lord while He may be found ..."
- Micah 6:8 "He has shown thee, O man, what is good ..."
- Luke 2:52 "Jesus increased in wisdom and stature ..."
- 2 Corinthians 3:18 "We . . . are changed ..."
- Galatians 5:22, 23 "But the fruit of the Spirit is love ..."
- Phil. 1:6 "He which hath begun a good work in you ..."
- Phil. 4:13 "I can do all things through Christ ..."
- Jude 24, 25 "Now unto Him who is able to keep you ..."

Songs about living for God

Sing for Joy

- "In His Time" No. 42
- "He's Everything to Me" No. 43
- "This Is My Prayer" No. 106
- "Teach Me, Lord" No. 110
- "Trust and Obey" No. 113
- "Be Like Jesus" No. 115
- "The Journey of Life" No. 122

Kids Sing Praise

- "Boys and Girls Medley" No. 13
- "He's Still Working on Me" No. 26
- "That Is the Reason" No. 70

Books and materials about living for God

Adults

- Flannelgraph materials (Standard)
- Following Jesus Object Talks*
- Books of the Bible*

Children

- Bothwell, Roger. *My First Book on Communion* (Review and Herald)

III. His Power in My Life

Bible stories and texts

- See stories and texts listed in section II. Also use:
- Psalm 146:3-5 "Put not your trust in princes ..."
- 1 Corinthians 10:13 "God . . . will not suffer you to be tempted above that ye are able ..."

Songs

Sing for Joy

- "He's Able" No. 40
- "A Little Talk With Jesus" No. 98
- "God Is With Us" No. 104

Kids Sing Praise

- "Wanna" No. 6
- "There Is Power in the Name of Jesus" No. 24
- "Standing in the Need of Prayer" No. 64

E. G. White quotations

"Each is to improve his talents to the uttermost; and faithfulness in doing this, be the gifts few or many, entitles one to honor" (*Child Guidance*, pages 293-294).

"Have you only one talent? Put it out to the exchangers, by wise investment increasing it to two... . Use your talent so wisely that it will fulfill [1] its appointed mission" (*Messages to Young People*, page 301).

"It is a fearful thing to use God-given abilities in such a way as to scatter blight and woe instead of blessing in society. It is also a fearful thing to fold the talent entrusted to us in a napkin and hide it away in the world." (*Messages to Young People*, page 37).

"All that we are, all the talents and capabilities we possess, are the Lord's to be consecrated to His service" (*Messages to Young People* page 161).

II. I Can Make Wise Decisions

Bible stories and texts

Solomon (1 Kings 2-10)

Daniel (Daniel 1, 2, 6)

Mary and Martha (Luke 10:38-42)

Joshua 24:15 "Choose you this day whom ye will serve ..."

Proverbs 3:5, 6 "Lean not unto thine own understanding ..."

Songs

Sing for Joy

"A Little Talk With Jesus" No. 98

"Trust in the Lord" No. 111

E. G. White quotations

"All are by their own choice deciding their destiny, and God is overruling all for the accomplishment of His purposes" (*Education*, page 178).

"Remember, dear young friends, that each day, each hour, each moment, you are weaving the web of your own destiny. Each time the shuttle is thrown, there is drawn into the web a thread which either mars or beautifies the pattern" (*Messages to Young People*, page 212).

Books and materials

Adults

Clabby, John F. and Maurice J. Elias. *Teach Your Child Decision Making*. (Doubleday and Company)

Miller, Gordon Porter and Bob Oskam. *Teaching Your Child to Make Decisions: How to Raise a Responsible Child* (Harper and Row)

Children

Eggers, Lois, Mary Ellquist and Lois Wheeler. *Sandy*

III. I Can Care for My Body

Books and materials

Children

Franklin-Springer, Eugiania A. *Girl, It's All About You*

Jones, Shirley. *Sugar and Spice and Everything Nice*

_____ *Don't Give Me That Stuff About the Birds and the Bees* (Pacific Press)

MY FAMILY TRACK

I. I Have a Family

Songs

Sing for Joy

"God Bless Families"—No. 138

Books and materials

Adult

Weitzman, David. *My Backyard History Book* (Little, Brown and Company)

II. Families Care for Each Other

Bible stories and texts

Deuteronomy 6 "Thou shalt teach [the law] diligently unto thy children ..."

E. G. White quotations

"... Make the evening a pleasant social season, a family reunion after the day's duties" (*The Adventist Home*, page 110).

"On these days when there is danger that our children will be exposed to evil influences... let the parents study to get up something to take the place of more dangerous amusements. Give your children to understand that you have their good and happiness in view" (*Messages to Young People*, page 392).

"It was God's plan for the members of the family to be associated in work and study, in worship and recreation, the father as priest of his household, and both father and mother as teachers and companions of their children" (*Child Guidance*, page 535).

"In every family there should be a fixed time for morning and evening worship" (*Child Guidance*, page 520).

"It should be the special object of the heads of the family to make the hour of worship intensely interesting" (*Child Guidance*, page 521).

Books and materials

Adults

Gaither, Gloria and Shirley Dobson. *Let's Make a Memory* (Word)

III. My Family Helps Me Care for Myself

See the *Manual of Adventurer Awards* for helps.

MY WORLD TRACK

I. The World of Friends

See the *Manual of Adventurer Awards* for helps and resources in teaching the Caring Friend award.

II. The World of Other People

Bible stories and texts

Abraham (Genesis 12-25)

Moses (Exodus to Deuteronomy)

Jonah (Jonah)

Paul (Acts)

Isaiah 45:22, 23 "Look unto me, and be ye saved, all the ends of the earth ..."

Matthew 28:19 "Go ye therefore, and teach all nations ..."

Acts 1:8 "Ye shall receive power ..."

Songs

Sing for Joy

"All Nations of the Earth" No. 22

"God Calls Us" No. 130

"Jesus Loves Children" No. 37

"Cross Over the Road" No. 131

"Jesus Bids Us Shine" No. 133

Kids Sing Praise

"Jesus Loves the Little Children" No. 27

E. G. White quotation

"Our schools are the Lord's special instrumentality to fit the children and youth for missionary work" (*Child Guidance*, page 311).

Books and materials

Adult

Lee, Nancy and Linda Oldham. *Hands on Heritage*. Foods, crafts and celebrations from different cultures (Hands On Publications)

52 Ways to Teach Missions (Rainbow)

Children

Ritchie, Joan. *Have It Your Way*. Interactive mission story

Stocker, Fern Neal. *Growing Up With David Livingstone*

_____. *Amy Carmichael, Rebel Turned Missionary*

III. The World of Nature

See the *Manual of Adventurer Awards* for help in teaching the Environmentalist award.