

The Official Olympic Flag

Created by Pierre de Coubertin in 1914, the Olympic flag contains five interconnected rings on a white background. The five rings symbolize the five significant continents and are interconnected to symbolize the friendship to be gained from these international competitions. The rings, from left to right, are blue, yellow, black, green, and red. The colors were chosen because at least one of them appeared on the flag of every country in the world. The Olympic flag was first flown during the 1920 Olympic Games.

The Olympic Creed

Pierre de Coubertin got the idea for this phrase from a speech given by Bishop Ethelbert Talbot at a service for Olympic champions during the 1908 Olympic Games. The Olympic Creed reads: "The most important thing in the Olympic Games is not to win but to take part, just as the most important thing in life is not the triumph but the struggle. The essential thing is not to have conquered but to have fought well."

The Olympic Motto

In 1921, Pierre de Coubertin, founder of the modern Olympic Games, borrowed a Latin phrase from his friend, Father Henri Didon, for the Olympic motto: Citius, Altius, Fortius ("Swifter, Higher, Stronger").

The Olympic Oath

Pierre de Coubertin wrote an oath for the athletes to recite at each Olympic Games. During the opening ceremonies, one athlete recites the oath on behalf of all the athletes. The Olympic oath was first taken during the 1920 Olympic Games by Belgian fencer Victor Boin. The Olympic Oath states, "In the name of all competitors, I promise that we shall take part in these Olympic Games, respecting and abiding by the rules that govern them, in the true spirit of sportsmanship, for the glory of sport and the honor of our teams."

The Olympic Flame

The Olympic flame is a practice continued from the ancient Olympic Games. In Olympia (Greece), a flame was ignited by the sun and then kept burning until the closing of the Olympic Games. The



flame first appeared in the modern Olympics at the 1928 Olympic Games in Amsterdam. The flame itself represents a number of things, including purity and the endeavor for perfection. In 1936, the chairman of the organizing committee for the 1936 Olympic Games, Carl Diem, suggested what is now the modern Olympic Torch relay. The Olympic flame is lit at the ancient site of Olympia by women wearing ancient-style robes and using a curved mirror and the sun. This flame begins its Olympic Torch Relay by touring Greece. The flame is normally taken to the country where the games will be held (usually by airplane). The flame is then carried around the country where the games are to be held, using a series of torches carried by people running, walking, riding horses and camels, scuba diving, and using other means of human conveyance. The last runner uses a torch to light the large Olympic torch which burns throughout the games. The flame is extinguished during the closing ceremony. A new Olympic torch is designed for each of the games.

The Medals



The Olympic medals are designed especially for each individual Olympic Games by the host city's organizing committee. Each medal must be at least three millimeters thick and 60 millimeters in diameter. Also, the gold and silver Olympic medals must be made out of 92.5 percent silver, with the gold medal covered in six grams of gold.

Real Gold Medals

The last Olympic gold medals that were made entirely out of gold were awarded in 1912.

The First Opening Ceremonies

The first opening ceremonies were held during the 1908 Olympic Games in London.

Opening Ceremony Procession Order

During the opening ceremony of the Olympic Games, the procession of athletes is always led by the Greek team, followed by all the other teams in alphabetical order (in the language of the hosting country), except for the last team which is always the team of the hosting country.

Olympic Events:

The events in the Summer Olympics include: archery, badminton, baseball, basketball, boxing, canoeing, cycling, diving, equestrian, fencing, football (soccer), gymnastics, handball, hockey, judo, kayaking, marathon, pentathlon, ping pong, rowing, sailing, shooting, swimming, taekwando, tennis, track and field (many running, jumping, and throwing events), triathlon, volleyball, water polo, weightlifting, wrestling (freestyle and Greco-Roman).

The events in the Winter Olympics include: ice hockey, figure skating, speed skating, snowboarding, luge, bobsleigh, skeleton (a type of sledding), curling, cross-country skiing, freestyle skiing, slalom, downhill (Alpine) skiing, ski jumping, Nordic combined (skiing plus ski jumping), and biathlon (skiing and shooting).

A History of the Olympics

According to legend, the ancient Olympic Games were founded by <u>Heracles</u> (the Roman Hercules), a son of Zeus. Yet the first Olympic Games for which we still have written records were held in 776 BCE (though it is generally believed that the Games had been going on for many years already). At this Olympic Games, a naked runner, Coroebus (a cook from Elis), won the sole event at the Olympics, the stade - a run of approximately 192 meters (210 yards). This made Coroebus the very first Olympic champion in history.

The <u>ancient Olympic Games</u> grew and continued to be played every four years for nearly 1200 years. In 393 CE, the Roman emperor Theodosius I, a Christian, abolished the Games because of their pagan influences.

Approximately 1500 years later, a young Frenchmen named <u>Pierre de Coubertin</u> began their revival. Coubertin is now known as le Rénovateur. Coubertin was a French aristocrat born on January 1, 1863. He was only seven years old when France was overrun by the Germans during the Franco-Prussian War of 1870. Some believe that Coubertin attributed the defeat of France not to its military skills but rather to the French soldiers' lack of vigor.* After examining the education of the German, British, and American children, Coubertin decided that it was exercise, more specifically sports, that made a well-rounded and vigorous person.

Coubertin's attempt to get France interested in sports was not met with enthusiasm. Still, Coubertin persisted. In 1890, he organized and founded a sports organization, Union des Sociétés Francaises de Sports Athlétiques (USFSA). Two years later, Coubertin first pitched his idea to revive the Olympic Games. At a meeting of the Union des Sports Athlétiques in Paris on November 25, 1892, Coubertin stated,

Let us export our oarsmen, our runners, our fencers into other lands. That is the true Free Trade of the future; and the day it is introduced into Europe the cause of Peace will have received a new and strong ally. It inspires me to touch upon another step I now propose and in it I shall ask that the help you have given me hitherto you will extend again, so that together we may attempt to realise [sic], upon a basis suitable to the conditions of our modern life, the splendid and beneficent task of reviving the Olympic Games.**

His speech did not inspire action. Though Coubertin was not the first to propose the revival of the Olympic Games, he was certainly the most well-connected and persistent of those to do so. Two years later, Coubertin organized a meeting with 79 delegates who represented nine countries. He gathered these delegates in an auditorium that was decorated by neoclassical murals and similar additional points of ambiance. At this meeting, Coubertin eloquently spoke of the revival of the Olympic Games. This time, Coubertin aroused interest.

The delegates at the conference voted unanimously for the Olympic Games. The delegates also decided to have Coubertin construct an international committee to organize the Games. This committee became the International Olympic Committee (IOC; Comité Internationale Olympique) and Demetrious Vikelas from Greece was selected to be its first president. Athens was chosen for the revival of the Olympic Games and the planning was begun.

1896 - Athens, Greece

The very first modern Olympic Games opened in the first week of April 1896. Since the Greek government had been unable to fund construction of a stadium, a wealthy Greek architect, Georgios Averoff, donated one million drachmas (over \$100,000) to restore the Panathenaic Stadium, originally built in 330 BCE, with white marble for the Olympic Games.

Since the Games were not well publicized internationally, contestants were not nationally chosen but rather came individually and at their own expense. Some contestants were tourists who happened to be in the area during the Games. Athletes were their athletic club uniform rather than a national team one.

Pole vaulting, sprints, shot put, weight lifting, swimming, cycling, target shooting, tennis, marathon and gymnastics were all events at the first Olympics. The swimming events were held in the Bay of Zea in the Aegean Sea. Gold medalist, Alfred Hoyos Guttmann described it: "I won ahead of the others with a big lead, but my greatest struggle was against the towering twelve-foot waves and the terribly cold water." (Guttmann, pg. 19) Approximately 300 athletes participated, representing thirteen countries.

^{*} Allen Guttmann, The Olympics: A History of the Modern Games (Chicago: University of Illinois Press, 1992) 8.

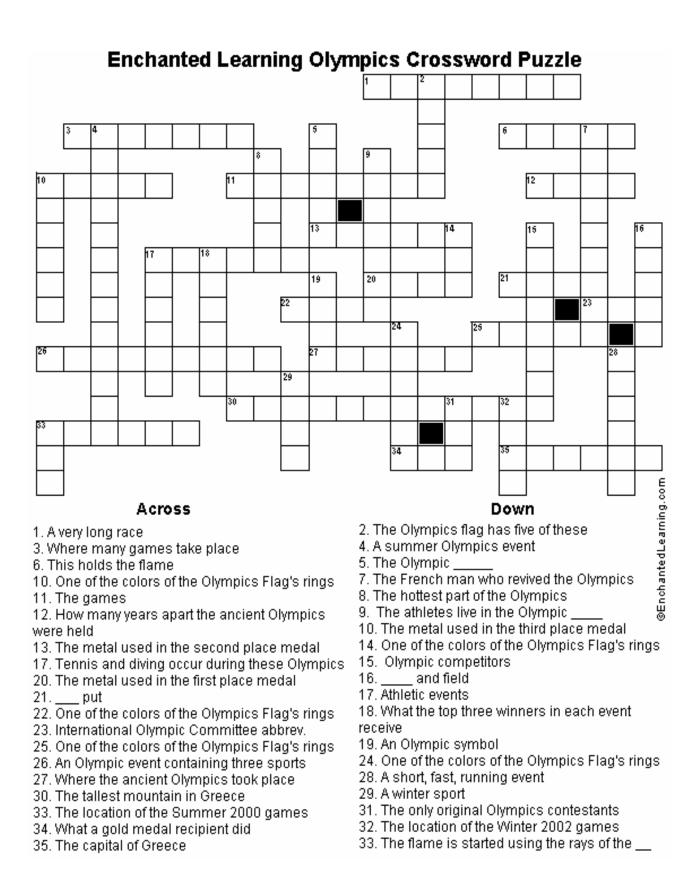
^{**} Pierre de Coubertin as quoted in "Olympic Games," Britannica.com (Retrieved August 10, 2000 from the World Wide Web.

Summer Olympic Games Sites

- 1896 Athens, Greece
- 1900 Paris, France
- 1904 St. Louis, United States
- 1908 London, United Kingdom
- 1912 Stockholm, Sweden
- 1920 Antwerp, Belgium*
- 1924 Paris, France
- 1928 Amsterdam, Netherlands
- 1932 Los Angeles, United States
- 1936 Berlin, Germany
- 1948 London, United Kingdom*
- 1952 Helsinki, Finland
- 1956 Melbourne, Australia
- 1960 Rome, Italy
- 1964 Tokyo, Japan
- 1968 Mexico City, Mexico
- 1972 Munich, West Germany (now Germany)
- 1976 Montreal, Canada
- 1980 Moscow, U.S.S.R. (now Russia)
- 1984 Los Angeles, United States
- 1988 Seoul, South Korea
- 1992 Barcelona, Spain
- 1996 Atlanta, United States
- 2000 Sydney, Australia
- 2004 Athens, Greece
- 2008 Beijing, China
- 2012 London, United Kingdom

Winter Olympic Games Sites

- 1924 Chamonix, France
- 1928 St. Moritz, Switzerland
- 1932 Lake Placid, N.Y., United States
- 1936 Garmisch-Partenkirchen, Germany
- 1948 St. Moritz, Switzerland*
- 1952 Oslo, Norway
- 1956 Cortina d'Ampezzo, Italy
- 1960 Squaw Valley, California, United States
- 1964 Innsbruck, Austria
- 1968 Grenoble, France
- 1972 Sapporo, Japan
- 1976 Innsbruck, Austria
- 1980 Lake Placid, New York, United States
- 1984 Sarajevo, Yugoslavia (now Bosnia and Herzegovina)
- 1988 Calgary, Alberta, Canada
- 1992 Albertville, France**
- 1994 Lillehammer, Norway**
- 1998 Nagano, Japan
- 2002 Salt Lake City, Utah, United States
- 2006 Torino (Turin), Italy
- 2010 Vancouver, Canada
- * Due to World War I and II, Summer Olympic Games were not held in 1916, 1940, and 1944. Due to World War II, Winter Olympic Games were not held in 1940 and 1944.
- ** The 1992 and 1994 Winter Games are two years apart due to the transition of the Winter Games to alternating evennumbered years with regard to the Summer Games.
- ***Turin, Italy, was the locale of the 2006 Winter Olympics Games. The opening ceremonies were on Friday, February 10, 2006; the closing ceremonies were on Sunday, February 26, 2006. The 2008 Summer Olympics will be held in Beijing, China; the 2010 Winter Olympics will be held in Vancouver, B.C., Canada.



Olympics Find It! Quiz Name_____

1. This word starts with a "G." It is the name of the country where the Olympic Games began in ancient times. What is it?
2. This word starts with an "A." It is the name of someone who excels at a sport. What is this word?
3. This word starts with a "T." It is an object that carries a flame. What is it?
4. This word starts with an "S." It is a large building in which many sports events are held. What is it called?
5. This word starts with an "S." It is a hot season of the year in which some Olympic Games are held. What is it?
6. This word starts with a "W." It is a cold season of the year in which some Olympic Games are held. What is it?
7. This word starts with an "F." It is the number of rings in the Olympics flag. What is it?
8. This word starts with an "M." It is an award given to the top three people in each event in the Olympics. What is one of these called?
9. This word starts with a "G." It is a precious metal. The top athlete in each event receives an object coated with this metal. What is this metal?

10. This word starts with an "S." It is a valuable metal. The second-best athlete in each event receives an object coated with this metal. What is this metal?
11. This word starts with a "B." It is a metal alloy (a mixture of other metals). The third-best athlete in each event receives an object coated with this metal. What is this metal?
12. This word starts with a "B." It is a team sport that involves a big orange ball and a hoop. It is included in the summer Olympics. What is it called?
13. This word starts with a "B." It is a team sport that involves a small white ball and a bat. It is included in the summer Olympics. What is it called?
14. This word starts with a "I." In the Winter Olympic games, you'll see figure skaters and hockey skaters wearing these on their feet. What are they?
15. This word starts with an "I." It is the name of the country that hosted the 2006 Winter Olympic Games. What is it?

 $\underline{http://www.enchantedlearning.com/olympics/book/activity/}$

