

Prayers

With your mom or instructor's help:

- Put together a book of people to pray for each day.
- Say two prayers by memory.
- Say grace for meals for one week.
- Read a Bible story on prayer.
- Memorize and repeat The Lord's Prayer.

The way Jesus wants us to pray

Jesus gave his disciples a short prayer as an example of how they should pray. It's called "**The Lord's Prayer**".

"When you pray", Jesus said, "say **Our Father in heaven**". Jesus was telling us that we can speak to God as you speak to a loving dad. God's children want their Father's name to be honored and kept holy. So Jesus told us to pray, "**Hallowed be Your name**". Jesus wants God to rule all people with His love. He wants the whole world to have life with God. That's why He asks us to pray: "**Your kingdom come**".

The next example Jesus gave was, "**Your will be done on earth as it is in heaven**". People who really love God want to do His will. They also want His will to be done on earth the way it is done by His angels in heaven.

Then Jesus gave some examples of other prayers. By praying "**Give us this day our daily bread**". We ask God for whatever we need each day.

"**Forgive us our debts, as we also have forgiven our debtors**". When we forgive what others do to us, we show we believe that God forgives us too.

Finally, Jesus told us to say, "**And lead us not into temptation, but deliver us from evil**". We know that the evil one tempts people. Sometimes God lets him do it to test our love and make it stronger for Him. But in this last petition or request of His model prayer we ask God to save us from the devil's temptations, for we know that God is all powerful. "**For thine is the kingdom, and the power and the glory forever. Amen**".

Some people think it does them some good just to say the words of **The Lord's Prayer**. We should speak to Him as to our parent or as to our best friend. We can tell Him everything. We often say **The Lord's Prayer** because it is a perfect prayer.

Another way to say the Lord's Prayer is:

Our Father, in heaven, You are holy and good. May your kingdom come. Help us to obey You like the angels do. Please give us the food we need for each day. Forgive us and help us to forgive others. When we are tempted, help us not to sin. Yours is the kingdom and the power and the glory forever. Amen.

THE LORD'S PRAYER



Our Father which art in heaven,
Hallowed be thy name. Thy kingdom come. Thy will
be done, on earth as it is in heaven.

Give us this day our daily bread.

And forgive us our debts, as we forgive our
debtors. And lead us not into temptation; but
deliver us from evil.

For thine is the kingdom, and the power and the
glory forever. Amen

Praying Hands Craft

To complete the praying hands wall plaque, you will need:

1. Crayons
2. Scissors
3. Glue
4. Two paper plates
5. Strings
6. Hole punch (optional)

Instructions:

1. Color the plate below. Color the inside of one of the paper plates yellow.
2. Enlarge and cut out the pattern on the bold lines including around the hands.
3. Glue it to the back (bottom) side of the other paper plate. Then cut out the area inside the plate behind the hands again.
4. Glue the paper plates together with the rims facing each other so that yellow can be seen around the hands.
5. Punch holes where indicated.
6. To make a hanger, attach a short length of string through the holes and tie.

