

Root of Food - Seeds

- What is a seed?
- Save three seeds from something you have eaten.
- How do you clean these seeds?
- Collect at least ten seeds.
- Arrange these neatly in a box, in small bottles, or glue on a poster board etc...
- Have someone help you find in the Bible a text about seeds. Be able to repeat part or all of the verse.
- Sprout a seed and watch it grow.
- Tell about your seeds to a friend, shut-in, etc...

Helps:

- The part of a plant from which a new plant will grow.
- Wash them in cold water, then spread them out on a paper towel, let them dry. (May take one or two days.)
- Check these texts: Luke 8. Amos 9:13, Zech 8:12, 1 Corinthians 15:38, 1 Peter 1:23, and Matthew 13:31.
- Ask an adult to help you find different kinds and colors of seeds and glue them to the rooster that you will find on the following page.

